

# JOIN US!

## Health & Safety Training for Caregivers

This 4-hour facilitated training gives family caregivers, Home Health Aides, Personal Care Attendants, Direct Support Personnel and other healthcare workers in New Mexico the opportunity to explore topics and issues that are fundamental to their caregiving. The training covers the key strategies for keeping one safe and healthy in the caregiving workplace.

### Learning Objectives Include:

- Chemical hazards common to kitchens
- Safety techniques for dealing with chemicals
- Medication contact hazards
- Basics of opioids and addiction
- Signs and symptoms of opioid overdose
- Opioid overdose reversal

**Past participants are highly satisfied!**

**"I've learned through this training I must FIRST take good care of myself!"**

**"I am impressed that good caregiving is as much an art as science and that these skills can be learned."**

**"The knowledge of the presenters was really top-notch."**

**Brought to you in partnership with NM Direct Caregivers**

**Coalition:**



**Family caregivers are encouraged to attend!**  
**Call 388-1198 to register! Limited seats**

## Santa Clara Senior Center

**107 N East St.  
Santa Clara, NM**

**Friday, December  
8, 2017  
12:30 p.m.- 4:30 p.m.**

**Please call Brittany Karnezis  
505-867-6046 for Course info**

*This material was produced under grant number SH-31223-SH7 from the Occupational Safety and Health Administration, U.S. Department of Labor. It does not necessarily reflect the views or policies of the U.S. Department of Labor, nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.*

**To register, call 388-1198 or email  
[clemon@grantcountynm.com](mailto:clemon@grantcountynm.com)**

**Sponsored by:**



**NEW MEXICO  
DIRECT CAREGIVERS  
COALITION**

**Facebook: [facebook.com/  
NewMexicoDirectCaregivers Coalition](https://facebook.com/NewMexicoDirectCaregiversCoalition)**  
**Twitter: [twitter.com/NMCaregivers](https://twitter.com/NMCaregivers)**  
**[www.nmdcc.org](http://www.nmdcc.org)**  
**[info@nmdcc.org](mailto:info@nmdcc.org)**

NMDCC is a statewide 501(c)6 organization created to promote the voice of family and professional caregivers and those they serve. We advocate for direct care workers' education, training, benefits, wages and professional development.