

# NWS Briefing for Upcoming Heat June 8-13

Issued: Sunday, June 7, 2026  
Prepared by: Zak Aronson, Meteorologist




NATIONAL WEATHER SERVICE

EL PASO



TEXAS

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## Key Messages:

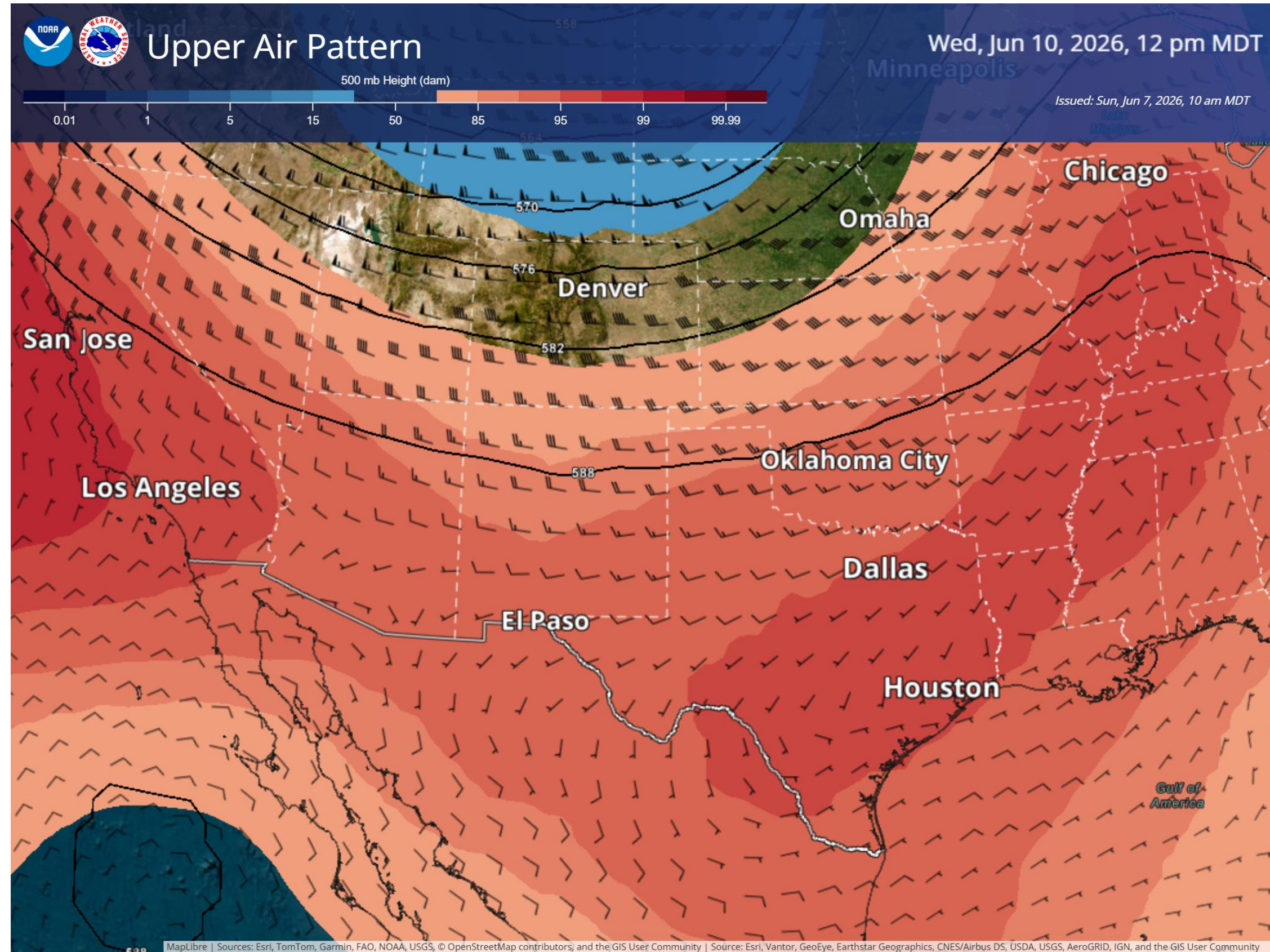
- Increasing temperatures early this week to near or above 100F across the lowlands
- **Highest confidence in hot temperatures Tuesday-Thursday (100-106F)**, lower confidence late week
- No heat products in effect currently
- Heat Advisories may be needed for the lower Rio Grande Valley and other lowland zones

## Impacts:

- Mostly moderate (Level 2 of 4) risk of heat-related impacts for the lowlands Monday through Thursday
  - Localized areas of major (Level 3 of 4) HeatRisk
- Medium to high risk of heat-related illnesses without effective cooling and hydration
- Warm overnight lows (in the 70s) won't allow for much relief



- An elongated area of high pressure aloft (ridge) sits across the southern US this week
- Hot and mainly dry conditions underneath the ridge
- Hottest temperatures of the year so far
- West-southwest winds will enhance the heating

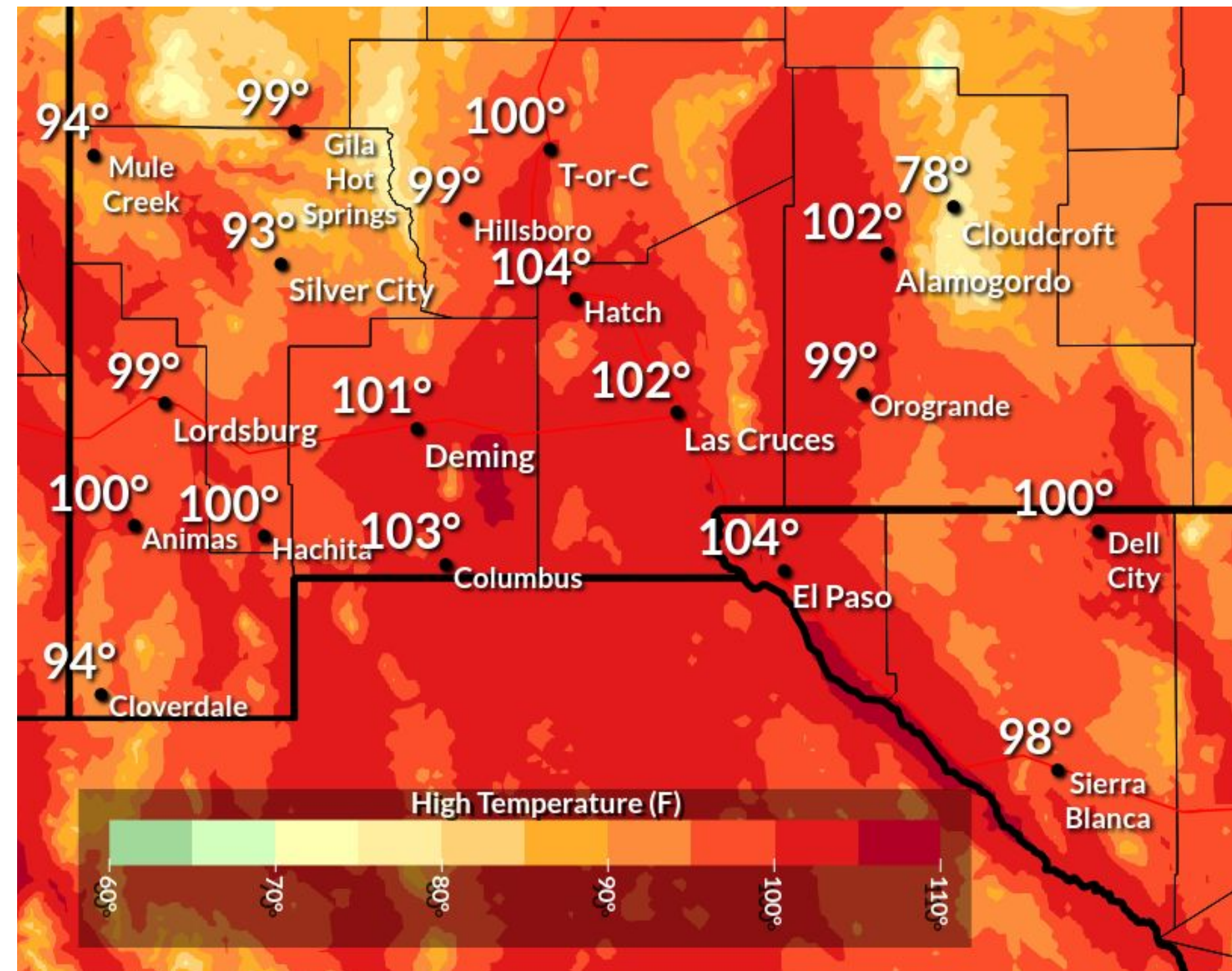
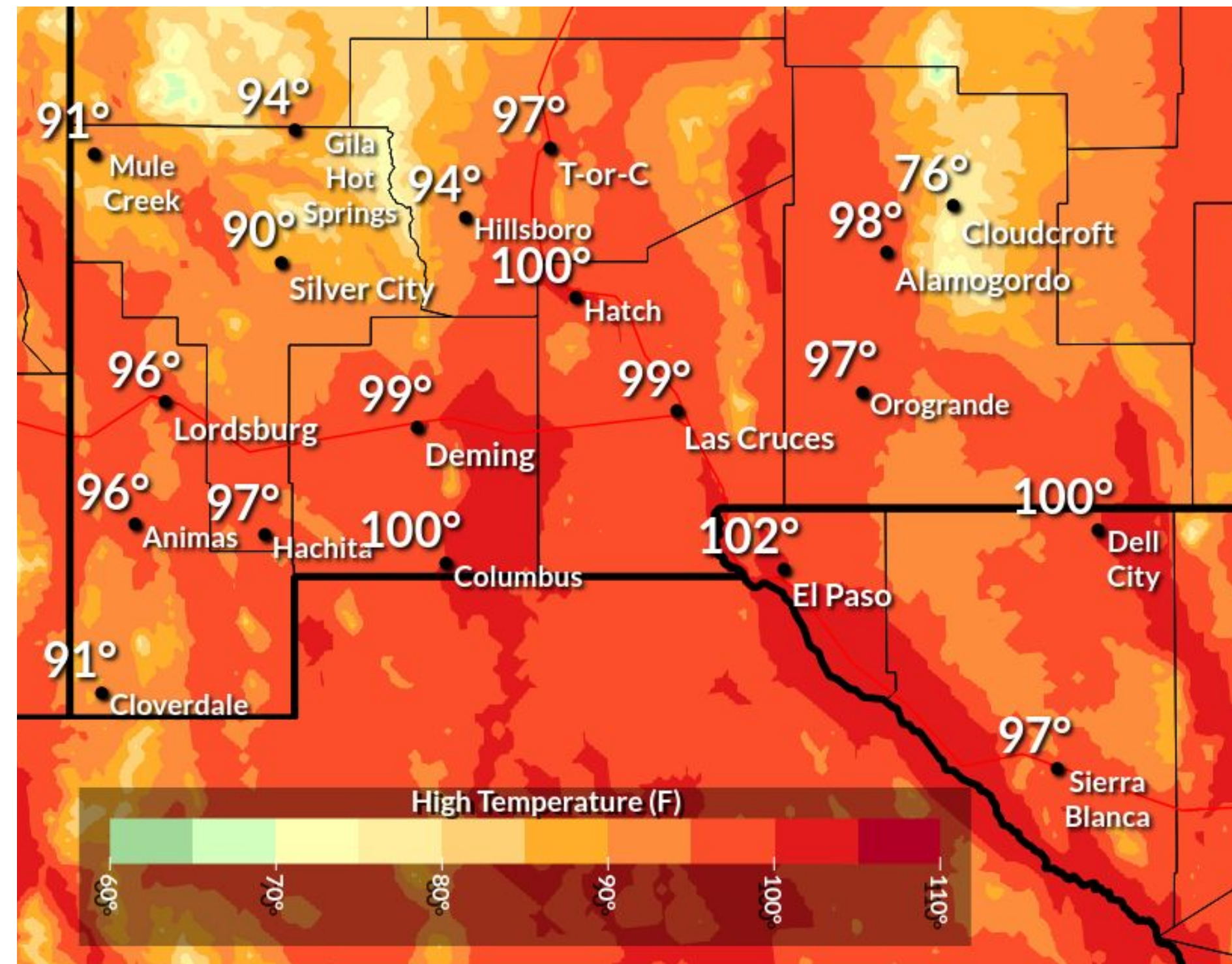


# Forecast High Temperatures

June 7, 2026  
11:58 AM

Monday, June 8

Tuesday, June 9



NATIONAL WEATHER SERVICE  
EL PASO, TX



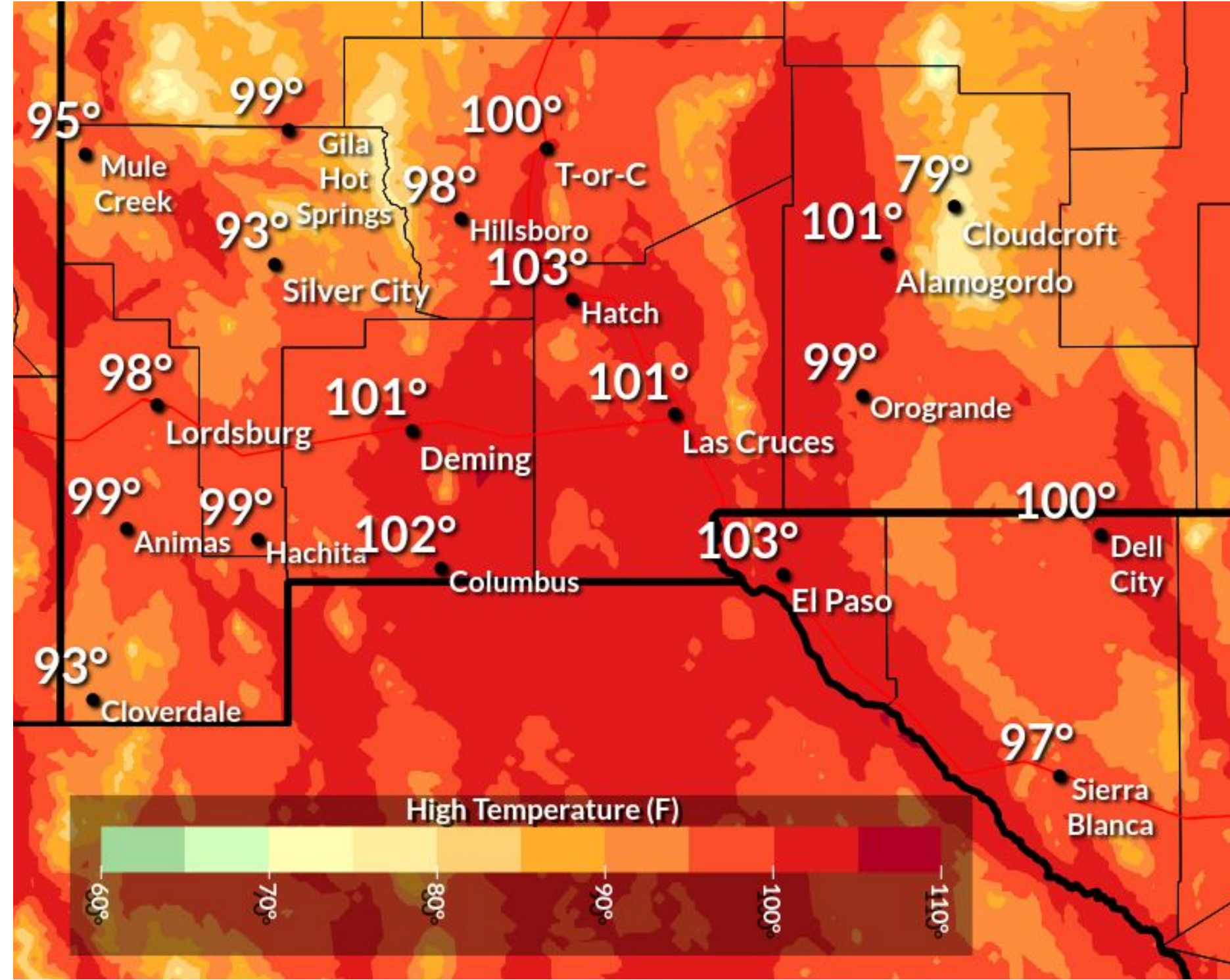
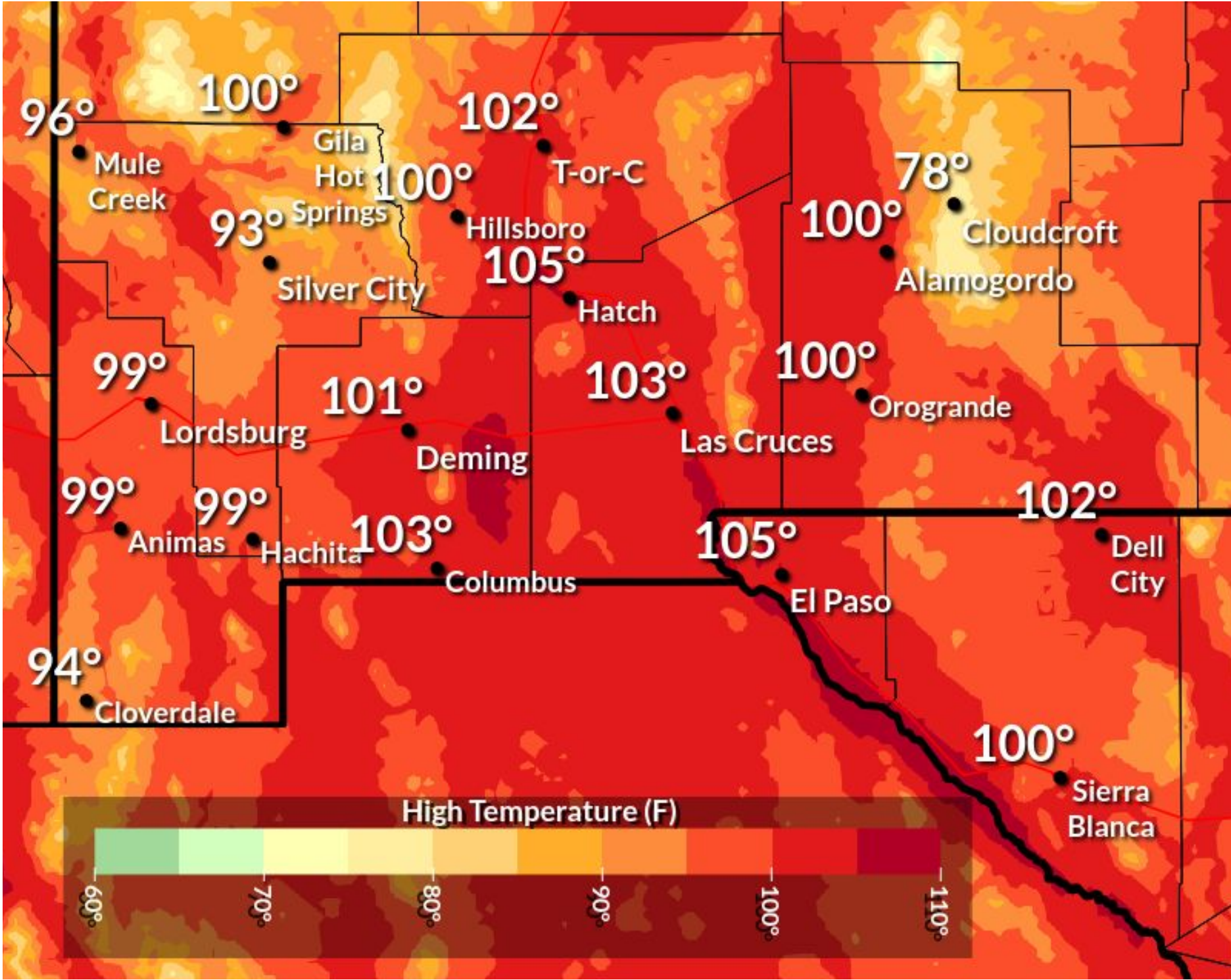
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# Forecast High Temperatures

June 7, 2026  
11:58 AM

Wednesday, June 10

Thursday, June 11



NATIONAL WEATHER SERVICE  
EL PASO, TX



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## Chance of Highs 100°F or Above

Monday, Jun 8 - Sunday, Jun 14

	Mon 6/8	Tue 6/9	Wed 6/10	Thu 6/11	Fri 6/12	Sat 6/13	Sun 6/14
Alamogordo	3%	20%	20%	45%	30%	45%	45%
Deming	35%	75%	75%	80%	60%	70%	55%
El Paso	95%	90%	95%	90%	70%	80%	70%
Las Cruces Intl	25%	65%	75%	75%	50%	60%	55%
Lordsburg	3%	35%	25%	40%	40%	40%	30%
Sierra Blanca	10%	10%	35%	40%	30%	50%	50%
Truth Or Conseq.	1%	20%	55%	55%	40%	50%	35%

Percent Chance (%)



Valid: Mon 06 pm MDT - Sun 06 pm MDT Issued: Sun, Jun 7, 2026, 10 am MDT



## Chance of Highs 105°F or Above

Monday, Jun 8 - Sunday, Jun 14

	Mon 6/8	Tue 6/9	Wed 6/10	Thu 6/11	Fri 6/12	Sat 6/13	Sun 6/14
Alamogordo	0%	0%	0%	0%	1%	3%	3%
Deming	0%	0%	0%	4%	10%	20%	10%
El Paso	5%	25%	50%	45%	35%	50%	45%
Las Cruces Intl	0%	0%	0%	4%	5%	20%	10%
Lordsburg	0%	0%	0%	0%	0%	4%	1%
Sierra Blanca	0%	0%	0%	3%	2%	10%	15%
Truth Or Conseq.	0%	0%	0%	0%	1%	4%	4%

Percent Chance (%)



Valid: Mon 06 pm MDT - Sun 06 pm MDT Issued: Sun, Jun 7, 2026, 10 am MDT



Minor to **moderate** risk (Level 1/2 out of 4) of heat-related impacts

Category	Risk of Heat-Related Impacts
Green 0	Little to no risk from expected heat.
Yellow 1	Minor - This level of heat affects primarily those individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
Orange 2	Moderate - This level of heat affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
Red 3	Major - This level of heat affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries and infrastructure.
Magenta 4	Extreme - This level of rare and/or long-duration extreme heat with little to no overnight relief affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries and infrastructure.

Monday, June 8



Mostly **moderate** risk (Level 2 out of 4) of heat-related impacts; locally major risk

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Tuesday, June 9



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Wednesday, June 10



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Thursday, June 11

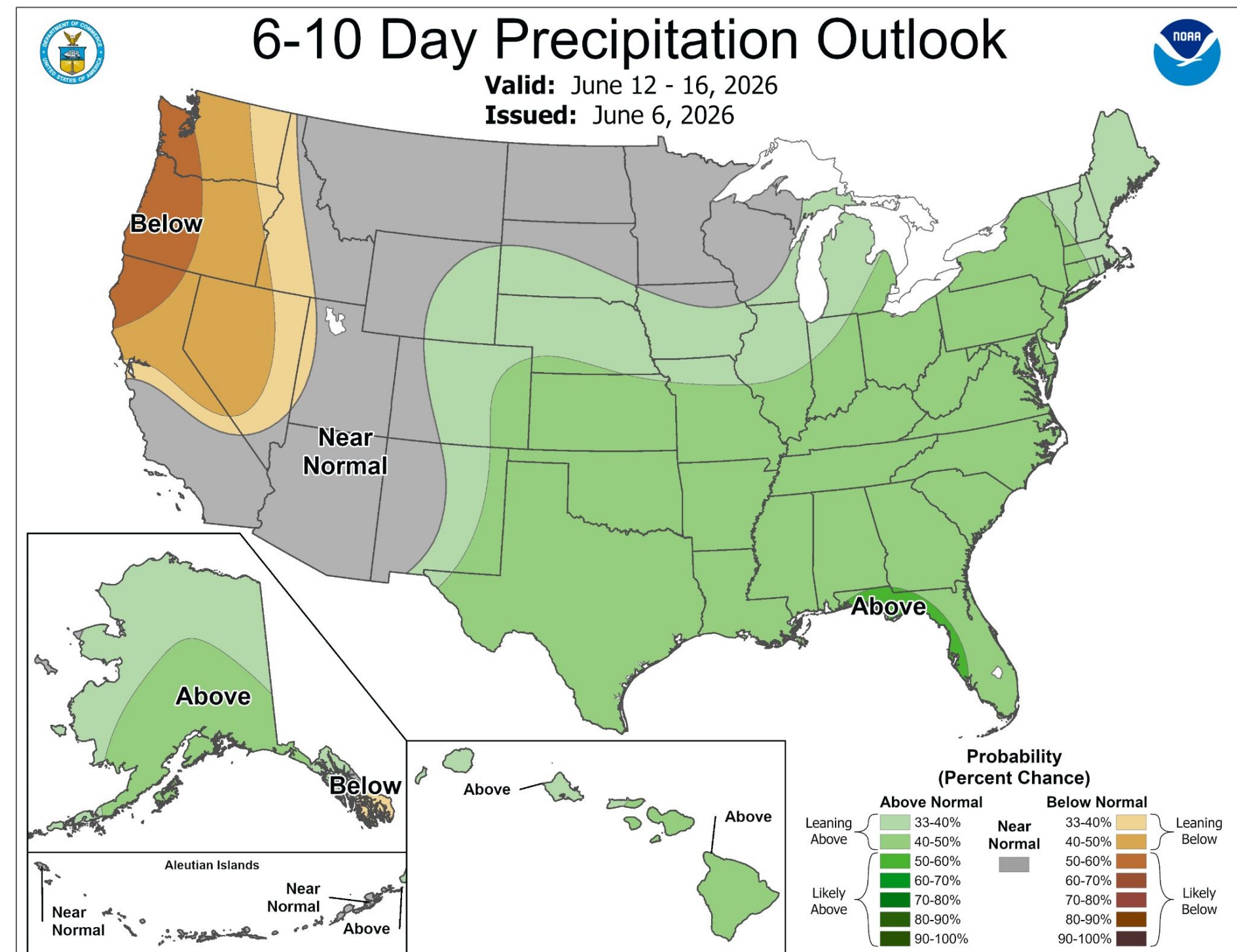
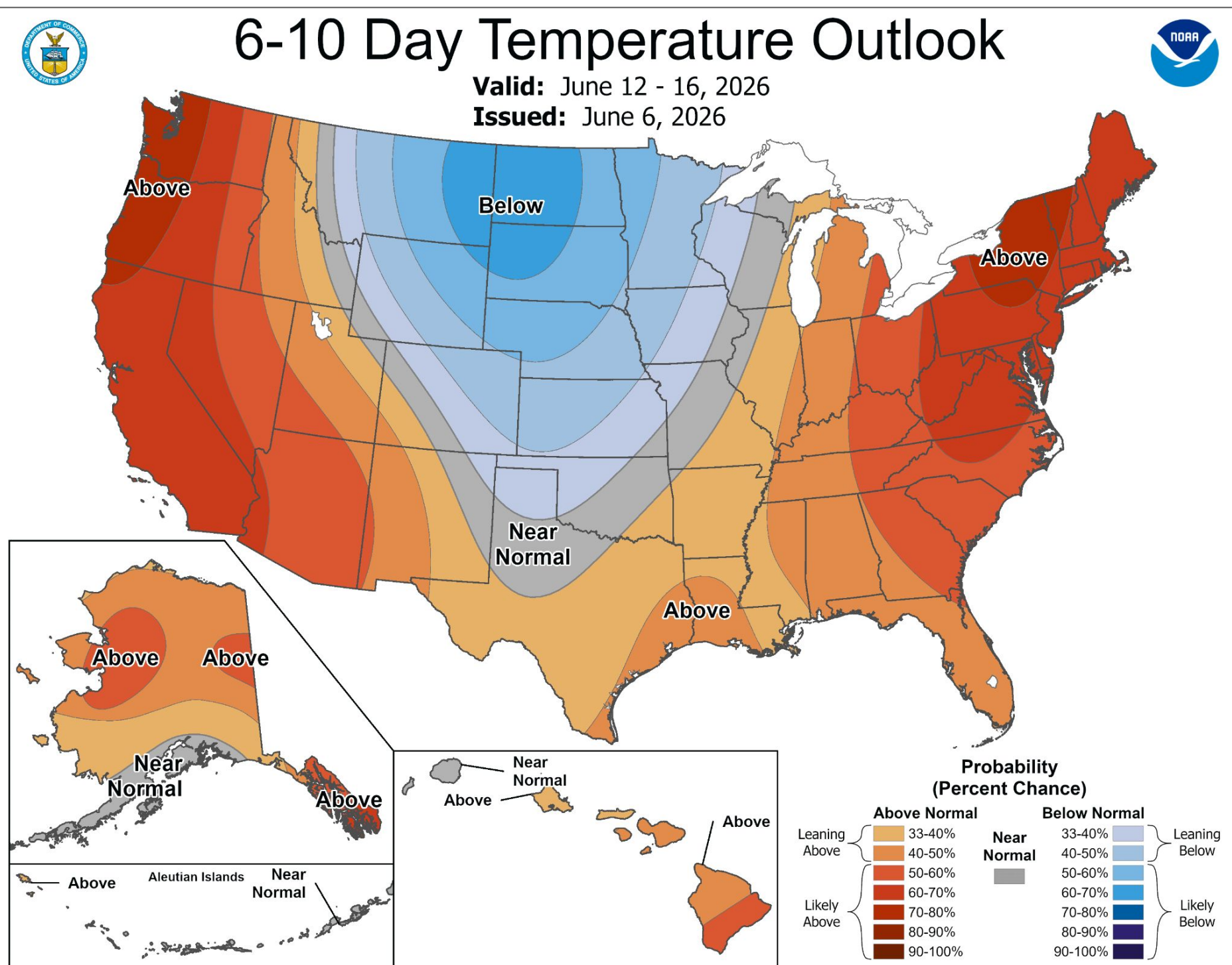


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Friday, June 12





Leaning warmer than normal  
(33-50% chance)

Leaning wetter than normal  
(33-50% chance)



# Heat Exhaustion

# Heat Stroke

## ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- **Seek medical help if symptoms don't improve**

*Dizziness*

*Thirst*

*Heavy Sweating*

*Nausea*

*Weakness*



*Confusion*

*Dizziness*

*Becomes Unconscious*

## ACT FAST

# CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

*Heat exhaustion can lead to heat stroke.*

*Heat stroke can cause death or permanent disability if emergency treatment is not given.*

# Agotamiento Debido al Calor

# Insolación

## Actúe Rápido

- Muévase a un lugar fresco
- Use ropa ligera
- Tome agua fresca
- **Busque ayuda médica si sus síntomas no mejoran**

*Mareos*

*Sed*

*Sudor  
intenso*

*Náuseas*

*Debilidad*



*Confusión*

*Mareos*

*Pérdida del  
conocimiento*

## Actúe Rápido

## Llame al 911

- Mueva a la persona a un área fresca
- Use ropa ligera y quite capas de más
- Enfríe su temperatura corporal con agua o hielo

*El agotamiento debido al calor puede causar insolación.*

*La insolación podría causar la muerte o incapacidad permanente si no se da tratamiento urgente.*

# *Heat* can escalate quickly.

Warm temperatures can quickly become dangerous. Heat is one of the most deadly weather hazards — don't underestimate it.



**NEVER** leave people or pets alone in a closed car



Drink plenty of water, even if you don't feel thirsty



Wear loose-fitting, light-colored clothing



Spend time in air conditioning and in the shade



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Greg Lundeen  
Meteorologist in Charge

[greg.lundeen@noaa.gov](mailto:greg.lundeen@noaa.gov)  
915-241-7320

Alina Nieves

Warning Coordination Meteorologist  
[alina.nieves@noaa.gov](mailto:alina.nieves@noaa.gov)

NWS El Paso  
575-589-3972 (Office)  
575-562-0060 (Cell)

Operational Staff  
[nws.elpaso@noaa.gov](mailto:nws.elpaso@noaa.gov)

