



End-of-Life Preparedness Workshops

Plan with care. Live with peace.



MAY 9

10:00AM-12:00PM



MAY 16

10:00AM-12:00PM



MAY 23

10:00AM-12:00PM



FACILITATOR:
Scott Plate
MFA, ACC, CIPF
with Native Heartseed



END-OF-LIFE RESOURCE TABLE
will be set-up
on **May 16.**



WEEK 1 • MAY 9, 2026

Advanced directives, wills, trusts, probate, and related topics

(Informational only; Facilitator is not an attorney and does not provide legal advice)



WEEK 2 • MAY 16, 2026

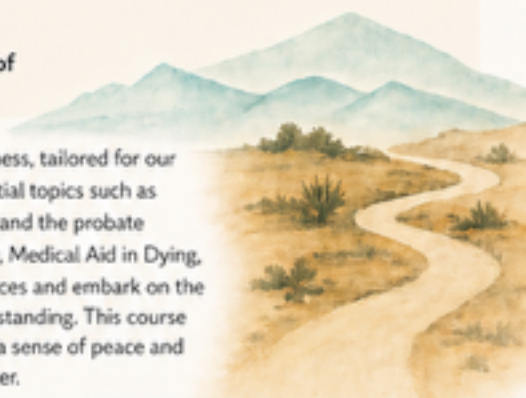
End-of-life care options, including hospice, palliative care, VSED, and Medical Aid in Dying



WEEK 3 • MAY 23, 2026

Burial options and the inner journey of end-of-life preparation

Join us for a compassionate course on end-of-life preparedness, tailored for our rural New Mexico community. Together, we will explore essential topics such as advanced directives, the differences between wills and trusts, and the probate process. We'll also discuss end-of-life options, including VSED, Medical Aid in Dying, Hospice, and Palliative Care. We'll outline diverse burial practices and embark on the inner journey of preparing for death with openness and understanding. This course aims to empower you with knowledge and support, fostering a sense of peace and connection as we navigate these important discussions together.



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Community.
Connection.*